

## Lisa Ann Long

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To: jeff@breathingspace.com  
Subject: Feedback on Your Presentation at USAA 11/18/98

Jeff,

Thank you for your presentation at USAA. I like your style. You come across as fully knowledgeable on your chosen topic, but not stuffy, with a great sense of humor and a relaxed confidence. The points made were clear, yet thought-provoking. I walked away still digesting some of the ideas and pondering on which areas I want to improve in my own life.

I regret I didn't stop by to shake your hand to say, thanks. I'm pretty shy about things like that. I'm always working on the confidence factor.

Personally, I think I am doing fairly well on my breathing space principles. But the longer-term relationships and career areas, I'll be working on to develop. I'm afraid that I'd be one of those people on the jumbo jet of 500 passengers, that most likely would go mate-less. And I want a career change, but at times, it seems overwhelming to reach.

I hope you are the one who reads this, and not someone else I haven't even met. You must get thousands of letters!

Thanks again,  
Lisa Long

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